

| US EPA Air Quality Index (AQI) | HIS Response and 'Stoplight' Flag System |
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| Green (0-50) | <p>All outdoor activities and recess continue as scheduled and ongoing monitoring as determined. At the upper band, individuals with known medical conditions should minimize their exposure via reduced exertion and/or duration when outdoors.</p> |
| Yellow (51-100) | |
| Orange (101-150) | |
| Red (151-200) | <p>HIS will limit outdoor exposure for all students from heavy exertion levels (this includes sports that require high intensity workouts for long periods: rugby, soccer, running). Potential solutions to address outdoor exposure include, but are not limited to: 1) Having practice/games inside, 2) Having practice/games early in the day before pollution levels rise, 3) Rotating players often and having breaks, 4) Lowering exertion during practice (examples include skill building versus endurance training)</p> |
| Purple (201-300) | <p>HIS will limit outdoor exposure to low exertion activities. Recess and afterschool activities will occur inside, and outdoor athletic games and practices will be cancelled or moved indoors. Travelling between buildings will be allowed. School closure possible if levels reach extremes.</p> |
| Maroon (301+) | |